



BREAKFAST/ BRUNCH

Breakfast wraps / Rolls

Sage and Sausage Wrap £6.75
Cumberland sausage, scrambled egg, caramelised onions, cheddar and sage mayo in a warm tortilla.

Mediterranean Morning Wrap (V) £4.95
Scrambled egg, halloumi, spinach.

The Full English Roll £7.50
Bacon, sausage, egg, mushrooms and tomato chutney in a toasted brioche bun.

Bistro Brunch £9.50
Frittata topped with bacon, sausage and cherry tomatoes (Served until 11.30am).

Avocado & Poached Egg On Sourdough (V) £6.95

Pancakes with Mixed Berries & Syrup £5.95

Pancakes with Nutella & Squirty Cream £5.95

JACKET POTATOES

All potatoes served with crispy onions and served side salad - rocket, tomato, cucumber, roquito, pepper.

Plain £4.95

Cheese £5.95

Cheese & Beans (V) £6.95

BBQ Pulled Pork £8.95

Tuna Crunch £8.95

Chicken Curry £8.95

Prawn and Surimi Crab £8.95

Cheese Burger £8.95

Add coleslaw for £1 / Extra cheese £1

HOT SANDWICHES

Served with tortilla crisps or upgrade to the bistro chunky wedges for £2.95

Hot Beef Deli Ciabatta £9.50
Slices of warm pastrami, Rocket, pickles, Emmental cheese and our house mustard Mayo served in a freshly baked ciabatta.

Chicken Parmo Sandwich £9.50
Butterflied chicken breast covered with panko breadcrumbs and parmesan cheese, shallow fried and topped with a tomato sauce and buffalo mozzarella baked and served with rocket on freshly baked Bread.

Bistro BLT £8.95
Crispy Maple glazed back bacon, beef tomato, baby gem lettuce served in toasted sourdough bread.

Halloumi and Hot Chilli Honey Ciabatta (V) £7.95

Seared halloumi drizzled with honey, watercress and roasted cashews sage mayo.

Mushroom Melt (V) £7.95

Garlic sautéed mushrooms, caramelised onions, and melted cheddar on sourdough.

Roasted Chicken Yorkshire Burrito and Gravy Dipping Pot £8.95

Shredded roast chicken in a giant Yorkshire pudding served with sage stuffing, roast potatoes and all wrapped, served with a gravy dipping pot.



SALT & SAGE

BISTRO

SPIRITS

	25ml	50ml
Grey Goose (Vodka)	£4.50	£8.50
Malibu	£4.25	£7.50
Glenfiddich	£5.50	£8.50
Baileys	-	£8.00
Kraken Rum	£4.50	£8.00
Jack Daniel's	£4.00	£7.00
Monkey Shoulder	£5.50	£8.00
Mermaid Gin	£4.50	£8.00
Havana Club 3 Años	£4.00	£7.25
Rémy Martin VSOP	£6.25	£11.00
Disaronno	£4.00	£7.00

BOTTLED DRINKS

Corona	£5.25
Doom Bar	£5.20
Butcombe Bitter	£5.00
Old Mout Cider - Berries & Cherries	£5.00
Old Mout Cider - Kiwi & Lime	£5.00

DRAUGHT DRINKS

	HALF	PINT
Guinness	£3.00	£5.80
Birra Moretti	£3.00	£5.80
Beavertown Neck Oil	£3.00	£5.80
Inch's Premium Cider	£2.80	£5.60

SOFT DRINKS

Pepsi	£3.00
Pepsi Max	£2.80
R White's Lemonade	£2.80
Tango Orange	£2.80
J2O - Orange & Passionfruit	£2.60
J2O - Apple & Mango	£2.60
Fruit Shoot - Orange	£2.20
Fruit Shoot - Apple & Blackcurrant	£2.20
Cordial	£1.00
London Essence (200ml Serve)	£2.00
Still Water	£1.50
Sparkling Water	£1.50

ALCOHOL-FREE

Heineken Zero	£4.00
Old Mout Berries & Cherries	£4.80

DIETARY & ALLERGEN INFORMATION

We want everyone to feel welcome and safe when dining with us. If you have any dietary requirements or allergies, please speak to a member of our team before placing your order, we're always happy to help. Our dishes are freshly prepared in a kitchen where allergens, including nuts and gluten, are present. While we take care to reduce the risk of cross-contamination, we can't guarantee that any dish is completely allergen-free.

- Vegetarian options available
- Vegan options available
- Some dishes may contain nuts
- Fish and poultry may contain bones

Full allergen information is available on request. Please just ask! We do not operate a dedicated vegetarian, vegan, or allergen-free kitchen.